

ANIMALITY HORIZONS

Animality Horizons gives you the possibility – as first Learning Animals’ study experience – to understand how to recognize Animality, how to regain something back in a society that increasingly loses an animal logic, and subjectivity with it, for human and other animals.

Animality Horizons means evolving towards new horizons, learning about preserving one's own and others' subjectivity. A study-path to give insight on how to emancipate or remain emancipated from a functional society, from 'defined by results' back to one's own experience-potential.

A study to provide the knowledge and the personal development to recognize the difference between becoming “owner” of an experience, or trying to adapt to situations – and life in general.

For those who have already studied with Learning Animals, *Animality Horizons* offers a deepening dimension of personal growth and relationship dynamics. Six days to immerge yourself again in the Learning Animals study scene, for those who want to further develop awareness and experience potential, **to facilitate, preserve or restore a cognitive context** within the encounter of other human and/or nonhuman animals to preserve themselves and facilitate other human and/or nonhuman animals, preserving or creating a cognitive context.

To stay the Hero of your own life.



Animality Horizons 2021

The Learning Animals study for personal growth towards Animality

ANIMALITY HORIZONS

Study content

- How to see (other) animals, how not to be limited by the labels that are placed both on ourselves as human-animals and on the animals we live with or encounter;
- Understand the significance of identity, the value it can bring, but also the risk of causing limits - the discriminative side in a human centered society, focused on performance and normalization.
- How to free oneself from the normative ideologies regarding animals, for a liberation development of yourself and others you life with.
- Perception, cognition and subjectivity as keys of resistance, action and liberation towards the creation of a culture of yourself, in everyday life;
- The quality of dynamics both in personal relationships and in professional interactions, as well as in those of care and assistance; learn how to stay informed.
- Understand the concept of social dynamics;
 - recognize and break social pressures,
 - preserve dynamics,
 - enjoy the hidden world in interactions.
- The difference between reactivity and pro-activity; understanding how not to react on others, but to act through ways of Animality logic, preserving yourself;
- How to facilitate shared experiences and cultures – learning to come back to experiencing yourself and become an experience for others.

Animality is universal. An innate call to cognitively experience the world in your own, subjective way.” – Francesco De Giorgio



Animality Horizons 2021

The Learning Animals study for personal growth towards Animality

ANIMALITY HORIZONS

Registration and structure

Animality Horizons is organised in 6 days / 6 modules, as Online live-classes, once a month. Being able to experience and to create space for experiences is central, the maximum number of participants will therefore be no more than seven.

Cost: 1.250,- Euro, study-material included, which will be sent by courier delivery.

Payment in 6 monthly installments is possible, or - according to participant's needs - in an extended spread. Participants will receive a certificate of participation at the end of Module 6. Joining "Animality Horizons" makes it possible to register for thematic updates Learning Animals organizes On-site in Italy.

Every module is full of theoretical insights, reflections and moments of active experience, in a whirlwind of new knowledge and perspectives. The practical moments offer a context to experience attention, to deepen nuances in the knowledge acquired and to experience what else is in the information that revolves around us. The setting of the Learning Animals' class rooms (virtual and non) guarantees a social dynamic in which all experiences have value in themselves, without the pressure to obtain (socially) expected results.

An intense study path regarding the awareness of social/relational dynamics in general, the understanding what non-performative learning means, and the understanding of relational dynamics from a socio-cognitive point of view (Learning Animals model).



Animality Horizons 2021

The Learning Animals study for personal growth towards Animality

ANIMALITY HORIZONS

Modules

Module 1 - Otherness and the individual within society

- Pillars of the Learning Animals socio-cognitive model;
- The impact of our society;
- Changing point of view: Object or Subject;
- The Other (human and non-human animals) and the different definitions of Identity.

Module 2 - Experiencing boundaries as dimension to explore

- Affiliative experiences versus assertiveness;
- Dynamics are situational;
- The impact of social pressure and the performative focus of modern pedagogy;
- Create a culture of yourself;
- Mix in interactions without losing yourself.

Module 3 - Emancipation within society

- The importance and significance of becoming “owner” of your learning;
- From a conceptual focus, to integrating experiences;
- The impact of conditioning: a behavioral-norm orientated society and hardened attitude;
- Diversity and the ethics of learning.

Module 4 - Space to learn how to learn

- Cognition, learning and perception
- From expectation to curiosity
- Information versus reactivity
- Break from rumination / mental loops
- Understanding attention
- The importance of a cognitive context;
- Preserve an experience.

Module 5 - Know where you are

- Perceive the nuances in interactions;
- Dialogue without words, giving attention to attention;
- Understanding expressiveness in a given dynamic;
- Movement as information.

Module 6 - In dialogue with the world – a cognitive compass

- A horizontal view, learning to see the options of a moment;
- Recognize background noise in interactions and choose what to do with it;
- Be informed by the moment, without getting stuck in it;
- Stay wild – Stay cognitive: Agile in beingness.

Animality Horizons 2021

The Learning Animals study for personal growth towards Animality

ANIMALITY HORIZONS

For whom?

For anyone inspired by questions like:

- How does one become so used to a performance/result-oriented lifestyle, why is it important to create space for other perspectives and lifestyles?
- How can you learn to preserve yourself, in dynamics with others - without losing yourself, even in a society full of social pressure, rooted habits and other expectations?
- What is the impact of speciesism: on what foundations does the duality between humans and other animals continue to exist in knowledge and everyday life?
- What does antispecism teach and how can it be an engine of personal growth, as well as a battle in the name of Animality, human included?
- How can I extend the horizons of my point of view, my personal growth, my daily activities?

"As human-too-much-human, most of the time we take the dynamics of social interactions for granted. We are not aware of, and do not recognize, the various nuances that are part of each social interaction, both in private life as in professional dimensions. How do you have attention for others? How can you stay yourself, develop yourself and give others the space for their expression at the same time? How can you experience others without losing yourself in social interactions?"



Animality Horizons 2021

The Learning Animals study for personal growth towards Animality